

24/25	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Rec						
Year 1	Fundamental Movement Skills Dance - Island Life	Functional Fitness Gymnastics	Goalball Multi Skills	Cooperation Multi Sports	Target Games Multi Sports	Athletics Striking & Fielding
Year 2	Fundamental Movement Skills Dance - Island Life	Functional Fitness Gymnastics	Goalball Multi Skills	Cooperation Multi Sports	Target Games Multi Sports	Athletics Striking & Fielding
Year 3	Fundamental movement skills Dance-Street dance	Multiskills Gymnastics	Dodgeball Functional fitness	Invasion games Multi sports	Striking and Fielding Multi sports	Athletics World sports
Year 4	Fundamental Movement Skills Dance - Space	Functional Fitness Gymnastics	Striking and Fielding Multi Sports	Multi Skills Multi Sports	Swimming Invasion Games	Swimming Athletics
Year 5	Swimming Fundamental Movement Skills	Swimming Functional Fitness	Swimming Multi Sports	Swimming Multi Skills	Gymnastics Invasion Games	Athletics Striking & Fielding
Year 6	Fundamental Movement Skills Dance - Musical Theatre	Cricket Gymnastics	Football Hockey	Dodgeball Basketball	Tennis Netball	Athletics World Sports