

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Rec						
Year 1	Fundamental Movement Skills Multi skills	Cooperation Functional fitness	Dance- Weather Multi sports Part 1	Gymnastics Multisports Part 2	Yoga Target Games	Athletics Striking & Fielding
Year 2	Fundamental Movement Skills Multi sports Part 1	Cooperation Gymnastics	Dance- The Olympics Multi skills	Target Games Functional Fitness	Fundamental movement skills Striking and Fielding	Athletics Multisports Part 2
Year 3	Fundamental movement skills Multi sports	Dance- Space Multi skills	Functional fitness Gymnastics	Invasion games Dodgeball	Swimming OAA	Swimming Athletics Striking and Fielding
Year 4	Swimming OAA Fundamental Movement Skills	Swimming Gymnastics	Swimming Dance- Street dance Multi Sports	Swimming Functional fitness Multi skills	Dodgeball Invasion games	Striking and fielding athletics
Year 5	Fundamental Movement Skills football	Dance- around the world basketball	Swimming Gymnastics	Multi sports 1 and 2	Handball Functional fitness	Athletics cricket
Year 6	Fundamental Movement Skills OAA	Gymnastics multisports	Dance- musical theatre hockey	Dodgeball badminton	Invasion games Cricket	Tennis athletics