

Year 2 Aims	Examples of topics which could be used to meet this criteria
Acquiring and developing skills	
Games: Can bounce a ball on the spot with control	Jumping, skipping and bouncing Multi skills - throwing and catching
Athletics: show control in running, jumping and target throwing activities through multi skills Orienteering: develop problem solving skills in the outdoors	Multi skills - towards Athletics running, jumping and target throwing Treasure Hunting - points of the compass
Gym: know a basic log and egg roll, rock in tuck and begin to hold a front and back support	Exploring Movement -balancing and making shapes and frame Developing Skills -Badge 8-7 Skills - rocking and rolling
Dance: can respond imaginatively to a stimulus or idea. Can show a variety of speed, direction and level of movements	Dramatic Dance - Wizard of Oz Interpretive Dance - Extreme Weather Dramatic Dance - Wizard of Oz
Selecting and applying skills, tactics and compositional ideas	
Games : play a throw-catch rallying game Make a game using small equipment which follows a simple rule	Multi skills - throwing and catching Multi skills - throwing and catching Multi skills - Team games with balls - Football
Gym: create and perform a short sequence linking basic actions with a clear beginning, middle and end.	Developing Skills -Badge 8-7 Skills - rocking and rolling
Dance: choose and link dance actions to create an expressive phrase which shows some sensitivity to the accompaniment	Dramatic Dance - Wizard of Oz
Evaluating and improving performance	
Can discuss different levels of performance using simple subject specific vocabulary	Exploring Movement -balancing and making shapes and frame Interpretive Dance - Extreme Weather Developing Skills -Badge 8-7 Skills - rocking and rolling
Knowledge and understanding of fitness, health and wellbeing	
Understand why they wear sports clothing and footwear for PE.	All topics
Understand the need for a warm up and cool down.	All topics
Can understand and describe in simple terms what is happening to the body	Especially Running games, Aerobic Fitness, skipping, yoga
Can demonstrate safe practice within the PE environment.	Especially gymnastics - moving mats, benches, planks and frames, skipping, Athletics throwing
Fit for Life-Understand that 'exercise' (running about and playing games) is fun and good for your body.	All topics